

Annual Report

2023 - 2024

Mission

Promoting and providing compassionate care for all Sea to Sky residents with life-limiting illness and ongoing support for their loved ones.

Values

Compassion, Collaboration, Integrity, Respect & Engagement

We acknowledge our work and volunteer engagement on the traditional ancestral and unceded territory the Skwxwú7mesh Úxwumixw (Squamish Nation), the Lílwat Nation and the N'Quatqua First Nation. We acknowledge that the Nations and the people are the original caretakers and stewards over the lands and waters.

Board of Directors

Muff Hackett, Board Chair
David Hildreth, Vice Chair
Kim Voelker, Secretary
Janice Woida, Treasurer
Dr. Brenda Millar, Director

Michelle Precourt, Director Nancy Edwards, Director Erin Roche, Director Jane Getz, Director Henry Williams, Director

Contractors

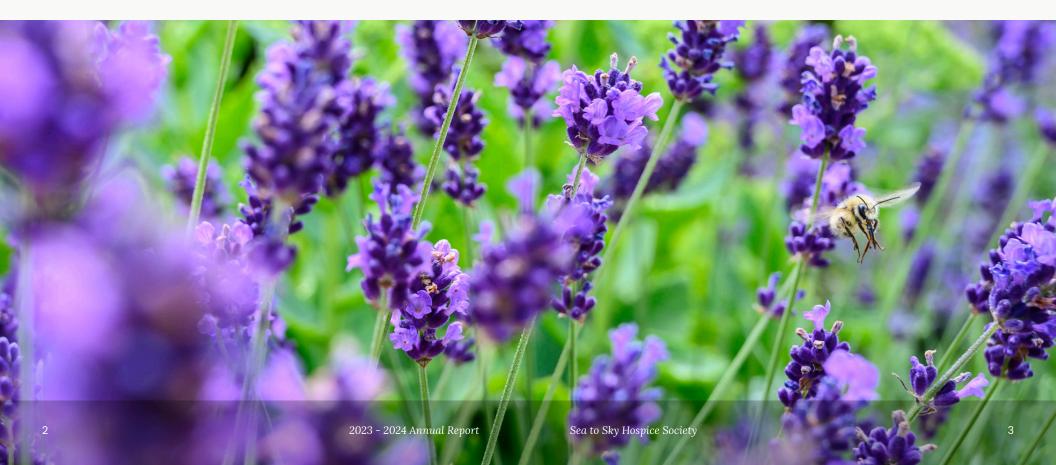
Leslie de Bie - Executive Director

Jody Kramer – Client Services Coordinator, Bereavement Referrals

Tatiana Lee - Volunteer Coordinator

Rosehannah Hartley / Carlee Baker - Bereavement Counsellor

Tara Niesje - Social Media and Design







Message From The Executive Director Leslie de Bie

This has been a very busy year for the Sea to Sky Hospice Society with much change, and promise of change, but amidst it all our core mission to provide compassionate care to the people of the Sea to Sky corridor remains steadfast. We have facilitated many new and ongoing programs over the past year and thank you to our strong volunteers to support the staff in ensuring the grief and loss support groups, the walking groups and the caregiver support groups are available for all who need them. Our continued focus on ensuring that our client's needs are met to the best of our ability is central to our mandate.

We have a strong board of committed community members who have supported me through my first year as the Chair. I thank the Board for always being ready to offer suggestions, solutions and their own point of view – it has made my transition to the role much easier.

The Board is very grateful for the strong leadership of our Executive Director Leslie de Bie, who's knowledge and ability keep the day-to-day operations running smoothly, while being accepting and supportive of new ideas and changes provides a stable base for us. As many of you know, our Volunteer and Program Coordinator, Diana Gunstone has stepped away from the Society as she navigates some health challenges. We wish her the very best and look forward to her return to good health. Our new team of Client Services Coordinator Jody Kramer and Volunteer Coordinator Tatiana Lee have found their rhythm quickly and are providing programs throughout the Sea to Sky corridor. Bereavement support has been provided in this last year by Rosehannah Hartley and Carlee Baker – both wonderful supports for our clients. We thank you all for your work with the Society and look forward to the future together.

I am very pleased to serve as Chair of the Sea to Sky Hospice Society. I look forward to the next year and plenty of new growth for our Society.



This past year has brought many changes to our organization. Diana Gunstone, our Volunteer/Program Coordinator, took an unexpected leave of absence shortly into the new year. As a result, we restructured her role into two positions: Client Services Coordinator and Volunteer Coordinator. By early summer, the Hospice Society successfully hired two skilled individuals to continue the work initiated by Diana.

Jody Kramer joined us in mid-May and has worked tirelessly to re-engage our existing volunteers. Tatiana Lee, who started at the end of May, has focused on recruiting new volunteers for various roles within the Hospice Society. Together, they have collaborated closely with our volunteers through new educational sessions for both new and existing members, as well as at events and in our programs and services for those in need.

In August, Carlee Baker began providing one on one counselling again after her year maternity leave and Rosehannah Hartley who was contracted to fill in during the leave, stepped down after doing a wonderful job of supporting those in need through her counselling. Thank you Rose.

Thanks to our volunteers, the Book Circle has successfully held spring and fall sessions and is currently reading two books in preparation for the upcoming Winter Solstice Book Circle. The 18th annual Hike for Hospice was a month-long fundraising initiative, culminating in a celebratory event that raised awareness of the Hospice Society within the local community. This year, we received incredible support through third-party fundraising opportunities, including Capra's run/hike to the top of the Sea to Sky Gondola, a Pickleball Tournament held in honor of someone who passed away at the hospice this year, and a bike rodeo in Pemberton, among others.

Grief and Bereavement Support Walks are taking place in Squamish and Whistler, alongside Bereavement Support Drop-in Groups in both locations. Caregiver Support Groups are also being held in Squamish, and we are currently in the midst of planning our winter programs. Volunteers have been actively involved in hospice and in-home visits, gardening, serving tea to those receiving chemotherapy, and sewing beautiful quilts and bags.

We are excited to announce that the Hospice Palliative Volunteer Training is scheduled for November 16th and 17th, with 13 participants already screened and signed up! Alison Conner from North Shore Hospice and Tatiana Lee will be facilitating the training.

The Hospice Society is incredibly grateful for the funding that they received from the Whistler Healthcare Foundation, the Squamish Community Foundation, the BC Gaming Grant, and other important community partners. We couldn't do it without you.

In addition, the Hospice Society would like to acknowledge the many people and businesses that support the programs and services of the Sea to Sky Hospice, enabling us to provide compassionate care to those facing life limiting illnesses or experiencing grief from the loss of a loved one.

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Our Impact

at a glance



participated in the grief and bereavement support groups in Whistler

118 people

participated in the grief and pereavement support groups in Squamish



volunteer hours were recorded thorough volunteer activities this year!

36 people

attended the Seasonal Book Club

 $\mathbf{320}$ hours

of supported walking throug the grief and bereavement walking groups



The volunteers supported

in the hospice unit and at Hilltop House people



The volunteers supported **25** people in home visits



The volunteers provided chemo tea to over **936** people



The dog therapy program supported **30** people



Over 120 individuals and families received 1 on 1 counseling support this past year



Our Volunteers Support Our Programs & Services

2023 - 2024 has been a busy with volunteer engagement and delivering community programs to meet the strategic focus of the Sea to Sky Hospice Society. In addition the Hospice Society hired a Client Services Coordinator and Volunteer Coordinator as a result of the Volunteer/Program Coordinator taking an unexpected medical leave.

69 volunteers are currently engaged in the work of the Hospice Society, ranging from supporting fundraising and community events, to leading and facilitating bereavement and caregiver support groups, or palliative visits at Hospice, Hilltop House or homes in community.

We have hosted over 1488 participants in 21 programs / and events this year and engaged with a broader range of our community during our Hike for Hospice, Brackendale Fall Fair and Memory Tree Event.

Volunteers have also helped maintain our gardens, curate our donated art, deliver chemo comfort care (weekly tea and treats!), crafted unique celestial bags, provided pet therapy visits and guided our organization at the board level.

Our volunteers are engaged in a number of different initiatives that support the Sea to Sky Hospice, through our programs and volunteer & community engagement:

Palliative Support

Visiting - Unit / Hilltop House Visiting - In Homes

Chemo Tea Comfort Service Unit Comfort Care Shopping

Dog Therapy - Canine Valley

Grief & Bereavement Support Groups

Winter Zoom Squamish (January, March, May, Sept) Whistler (Feb, Aug)

Grief & Bereavement Walking Groups

Thursday Mornings
Squamish / Pemberton / Whistler

Caregiver Support Groups

Squamish Yoga (Oct & Nov) Mindfulness (Nov)

Community Engagement & Committee Events

Hospice Seasonal Book Club Sewing Volunteers (Celestial bags) Hike for Hospice Memory Tree Event Brackendale Fall Fair The Backyard Pub Event

We could not do our programs and services without our volunteers and we are so grateful for your time and commitment!















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The following excerpts are from the annual financial statements. Please refer to the Sea to Sky Hospice Society website for the complete financial statement.

Assets	2023	2022
Current		
Cash	\$ 164,995	\$ 148,368
Accounts receivable	2,259	_
Short-term investments	26,979	167,103
Sales taxes receivable	3,710	_
	197,943	315,471
Long-term investments	148,996	-
Property and equipment		
Computer equipment	2,043	2,043
Less: Accumulated amortization	(2,038)	(2,031)
	5	12
	149,001	12
	\$ 346,944	315,483
Liabilities		
Current		
Accounts Payable	\$ 3,195	-
Net Assets (note 2)		
Externally restricted		
Hospice Capital	11,573	11,303
Sea to Sky Drivers	69,960	79,112
Client Care	89,819	88,496
Internally restricted		
Bereavement Support	30,603	30,603
Hospice Furnishing	26,635	26,979
Hospice Landscaping	2,833	6,274
	60,071	63,856

Unrestricted	115,326	72,716	
	343,749	315,483	
	\$ 346,944	315,483	

Approved by:
Muff (Marya) Hackett

Muff (Marya) Hackett (Jun 12, 2024 16:43 PDI)

Board Chair

Statement of Operations for Fiscal Year 2023 - 2024

	Externally Restricted	Internally Restricted	Unrestricted	Total 2024	Total 2023
Revenue	30,007		246,409	276,416	252,691
Operating Expenses	40,566	3,785	203,799	248,150	198,286
Excess (deficiency) of revenue over expenses	-10,559	-3,785	42,610	28,266	54,405
Net Assets Beginning of year	178,911	63,856	72,716	315,483	261,078
Net Assets end of year	\$168,352	60,071	115,326	\$343,749	315,483

Our Supporters

The Sea to Sky Hospice Society is grateful for the grants that we received this past year from the following organizations:

BC Gaming Grant Squamish Community Foundation Whistler Health Care Foundation Woodfibre LNG In addition, we received funds from others running 'third party' fundraising events on our behalf:

Squamish Valley Golf Club Squamish Valley Curling Club

Capra Running / Sea to Sky Gondola

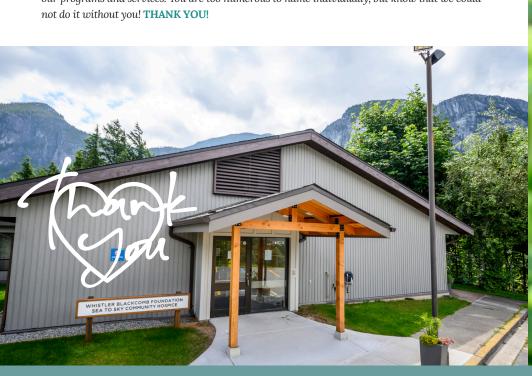
The Squamish Charity Pickleball Tournament Bicycle Rodeo in Pemberton

Swim Wild Squamish

Woodfibre LNG"

We are extremely grateful for the 700 + persons and businesses that contributed financially to our programs and services. You are too numerous to name individually, but know that we could not do it without you! **THANK YOU!**

"My mom died at the hospice this past summer. She was diagnosed with lung cancer and died within ten weeks. This was a lot to process and I was having a hard time sorting through my many emotions. I met with the Counsellor for support and counseling. She was warm and professional. It was very helpful to have the space to share my experience and feelings out loud and process them with another person. The Counsellor helped me feel validated and work through my grief. I'm still grieving but feel better able to explore that grief with others now. This is a very valuable service."





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Charitable Tax Number: 845821727RR0001

