



ANNUAL REPORT

2022 — 2023

MISSION

Promoting and providing compassionate care for all Sea to Sky residents with life-limiting illness and ongoing support for their loved ones.

VALUES

Compassion

Collaboration

Integrity

Respect

Engagement

BOARD OF DIRECTORS

Antje Cavanagh, Chair

Muff Hackett, Treasurer

Kim Voelker, Secretary

Dr. Brenda Millar, Director

Michelle Precourt, Director

David Hildreth, Director

Nancy Edwards, Director

Erin Roche, Director

Jane Getz, Director

Jenn Duncan, Director

CONTRACTORS

Leslie de Bie – Executive Director

Diana Gunstone – Program & Volunteer Coordinator, Bereavement Referrals

Rosehannah Hartley – Bereavement Counselor

Tara Niesje – Social Media and Design



We acknowledge our work and volunteer engagement on the traditional ancestral and unceded territory the Skwxwú7mesh Úxwumixw (Squamish Nation), the Lilwat Nation and the N'Quatqua First Nation. We acknowledge that the Nations and the people are the original caretakers and stewards over the lands and waters.

Message From The Chair

Antje Cavanagh



It has been a great privilege to Chair the Sea to Sky Hospice Society this year. And what a year it has been! Since reopening our doors, following what seemed a long time during the pandemic, this year has been one of growth and revitalization. Under the guidance of our Program/Volunteer Coordinator, we have offered new programs and restarted some established ones. Last Fall, we trained 17 new volunteers in a comprehensive three day training program. This has also given us the opportunity to revisit our Volunteer Program and develop some clear direction and strategies.

Our annual Hike for Hospice was a great success this year! Something new this year was partnering with third parties in the community who, in turn, orchestrated some of their own initiatives. The result was more involvement, more awareness and more donations! I would like to express our gratitude to *Capra Running Co.*, *SORCA and the Squamish Valley Golf Club* as well as our many individual donors who created teams to support the event! We thank you from the bottom of our hearts!

Our Grief/Bereavement Program continues to be well utilized within the community. And that is a wonderful feeling. Our Grief/Bereavement Counsellor, Carlee Baker went on maternity leave in August and we have welcomed Rosehannah Hartley to fill that position.

And, lastly, I would like to thank our Executive Director, Leslie de Bie, our Program/Volunteer Coordinator, Diana Gunstone, our Grief/Bereavement Counsellor, Carlee Baker for their dedication to the Society and their hard work. I would also like to thank our Board for their dedication and commitment to the Society.

As we move into our fifth year, I look forward to many more initiatives!



Much work was done in the hospice garden this summer. We added many perennials and also grew vegetables for the families visiting the hospice to snack on during their stay.

Message From The Executive Director

Leslie de Bie



With a busy and successful year behind us, and many new initiatives occurring this year, it is difficult to list all of the accomplishments that we have achieved. As Antje has mentioned, the programs and services of the Hospice Society are back in full swing. As a result of the successful volunteer recruiting and training coordinated by *Diana Gunstone*, the coordinator of these programs, we have many volunteers leading the walks, the drop in grief groups, assisting with visits here in the hospice unit and homes and also at Hilltop House. We have been able to enlist the assistance of volunteers in the fundraising events, awareness events and community initiatives that are now taking place. Through a grant received from the BC Centre for Palliative Care, a series of new programs are taking place, a speakers series that has shared insights from *Christa Ovenell*, a new seasonal book club hosted at the Little Bookshop with books that are relevant to caregiving and death and dying, in addition to a Mindfulness Meditation Series and Yoga for Caregivers that is being provided virtually.

Thanks to a grant that we received through the Squamish Community Foundation for a federal recovery grant, we were able to purchase the necessary IT equipment to host virtual learning and meetings in the hospice education room. This new service facilitates offering opportunities for those not able to attend in person, to still benefit from the services and programs of the Hospice Society.

In August, Rosehannah Hartley was hired to fill in during the maternity leave for Carlee Baker. Rosehannah Hartley works in the palliative unit at Lions Gate Hospital and brings in new expertise and much experience to her role counseling those in need of support.

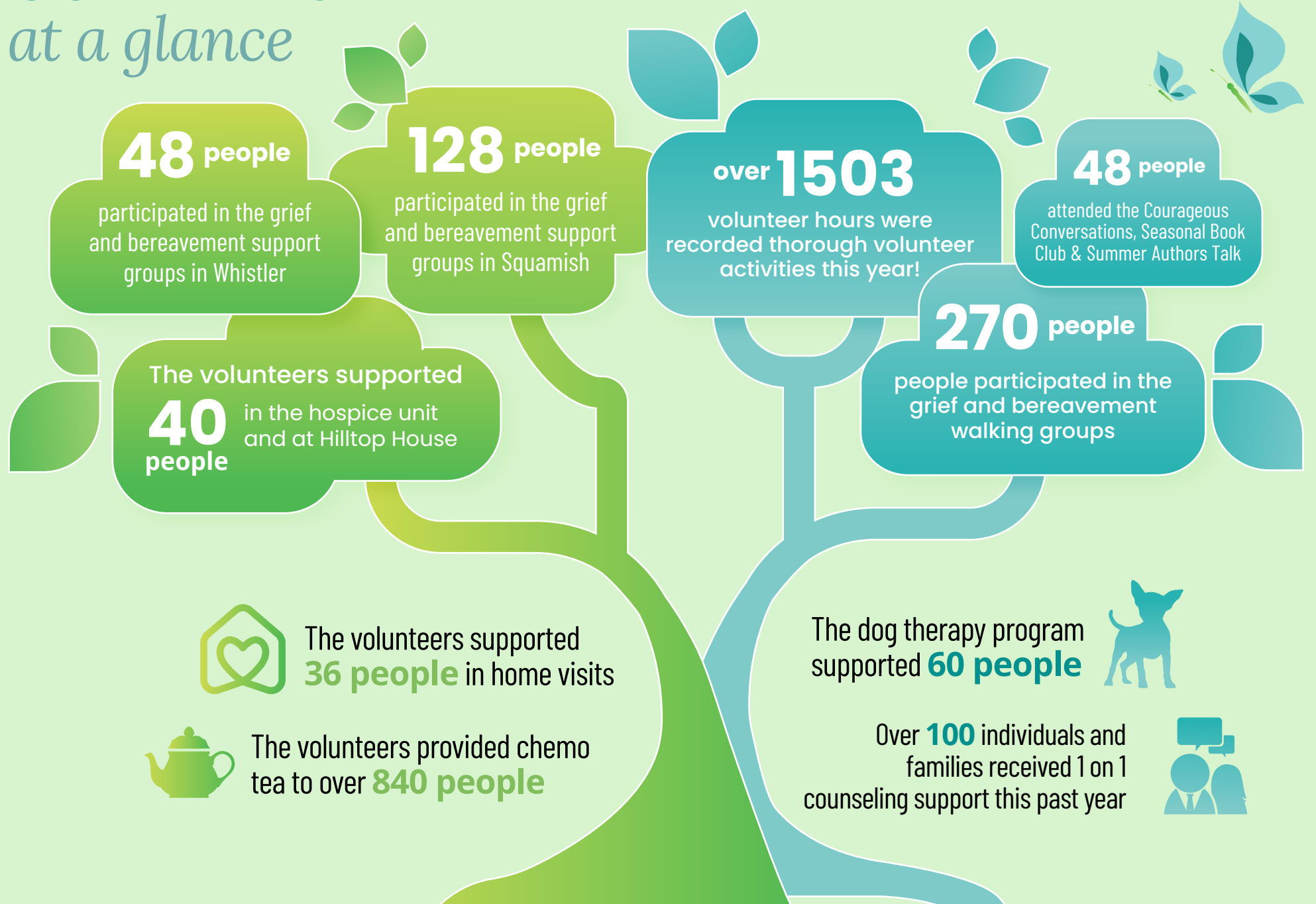
I am grateful for the many people and businesses that support the programs and services of the Sea to Sky Hospice, enabling us to provide compassionate care to those facing life limiting illnesses or experiencing grief from the loss of a loved one.



A beautiful Acknowledgement Tree was made by a local artisan, Dan Wall of Wallstreet Woodworking. It graces the wall outside of the hospice unit and has leaves of different coloured wood that represents the level of donations from individuals and businesses.

OUR IMPACT

at a glance



48 people

participated in the grief and bereavement support groups in Whistler

128 people

participated in the grief and bereavement support groups in Squamish

over **1503**

volunteer hours were recorded through volunteer activities this year!

48 people

attended the Courageous Conversations, Seasonal Book Club & Summer Authors Talk

270 people

people participated in the grief and bereavement walking groups

The volunteers supported

40 people

in the hospice unit and at Hilltop House



The volunteers supported **36 people** in home visits



The volunteers provided chemo tea to over **840 people**

The dog therapy program supported **60 people**



Over **100** individuals and families received 1 on 1 counseling support this past year



OUR VOLUNTEERS SUPPORT OUR PROGRAMS & SERVICES

2023 has been a year of reinitiating our volunteer engagement and delivering community programs to meet the strategic focus of the Sea to Sky Hospice Society.

64 volunteers are currently engaging in the work of the society, ranging from supporting fundraising and community events, to leading and facilitating bereavement and caregiver support groups, or palliative visits at Hospice, Hilltop House or homes in community.

We have hosted over 1488 participants in 19 programs / speaker events this year and engaged with a broader range of our community during our Hike for Hospice and Brackendale Fall Fair fundraisers.

Volunteers have also helped maintain our gardens, curate our donated art, deliver chemo comfort care (weekly tea and treats!), crafted unique celestial bags, provided pet therapy visits and guided our organization at the board level.

Our volunteers are engaged in a number of different initiatives that support the Sea to Sky Hospice, through our programs and volunteer & community engagement

PALLIATIVE SUPPORT

Visiting - Unit / Hilltop House
Visiting - In Homes
Dog Therapy - Canine Valley

Chemo Tea Comfort Service
Unit Comfort Care Shopping

GRIEF & BEREAVEMENT SUPPORT GROUPS

Winter Zoom
Squamish (January, March, May, Sept)
Whistler (Feb, Aug)

GRIEF & BEREAVEMENT WALKING GROUPS

Thursday Mornings
Summer Evenings
Pemberton / Whistler

CAREGIVER SUPPORT GROUPS

Squamish
Yoga (Oct & Nov)
Mindfulness (Nov)

COMMUNITY ENGAGEMENT & COMMITTEE EVENTS

Courageous Conversations & Compassionate Communities – Christa Ovenell
Summer Authors Talk – Anna Byrne
Hospice Seasonal Book Club
Sewing Volunteers (celestial bags)
Hike for Hospice

We could not do our programs and services without our volunteers and we are so grateful for your time and commitment!



STATEMENT OF OPERATIONS FOR FISCAL YEAR 2022-2023

The following excerpt is from our annual financial statements.
Please refer to our website for the complete financial statement.

FOR THE YEAR ENDED MARCH 31	2023	2022
Revenue		
Grant revenue (Note 2)	\$ 21,250	\$ 9,000
Donation revenue	194,112	117,267
Fundraising revenue	34,007	29,315
Interest revenue	1,160	1,203
Membership revenue	2,161	2,600
	252,690	159,385
OPERATING EXPENSES		
Advertising and promotion	8,022	13,169
Amortization	15	33
Bank charges and interest	6	63
Bad debt expense	-	1,124
Fundraising expense	4,523	2,213
Insurance	1,575	1,625
Office expenses	6,990	11,315
Professional fees	6,553	4,102
Program expenses	15,345	20,706
Sub-contracts	140,050	99,877
Travel	17,390	7,989
Utilities	(2,183)	2,305
	198,286	164,521
Excess (deficiency) of revenues over expenses for the year	54,405	(5,136)
Net Assets, beginning of the year	261,078	266,214
Net Assets, end of the year	\$ 315,483	\$ 261,078

Our Funds And Our Supporters

The Sea to Sky Hospice Society is grateful for the grants that we received this past year from the following organizations:

BC Centre for Palliative Care
Squamish Community Foundation
Whistler Community Foundation
Whistler Blackcomb Foundation
Woodfibre LNG
100 Women Who Care Squamish

In addition, we received funds from others running 'third party' fundraising events on our behalf:

Anchor Wellness
Squamish Valley Golf Club
Squamish Valley Curling Club
Britannia Beach Volunteer Fire Department

We are extremely grateful for the 500 + persons and businesses that contributed financially to our programs and services. You are too numerous to name individually, but know that we could not do it without you! **THANK YOU!**



We are very happy to provide a donation to such an important service within our community. Thank you for the care and compassion you provide to those who are in the last phases of their life, to the family and friends who love them and for the continued support you provide family and friends once their loved one has passed.

— SIGNED M.V.

THANK YOU TO OUR DONORS

CANADIAN TIRE
HOME DEPOT
NESTER'S MARKET
SAVE ON FOODS
TIM HORTONS



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Charitable Tax Number:
845821727RR0001

seatoskyhospicesociety.ca